



Motivational Madness E-Newsletter

Lewis & Clark Discovers Excellence in Education

Lewis & Clark Career Center in St. Charles, Missouri recently welcomed Paul to their award winning facility. Lewis & Clark is the only area vocational - technical school offering trade and technical high school courses in St. Charles County. The school is designed to serve primarily two groups of people: students enrolled full-time in area senior high schools, and post secondary students desiring training, retaining, or updating of occupational skills.



Paul interacts with the students

According to Vocational Resource Educator Julie Gronneberg, the nearly 480 students attending Lewis & Clark come from 14 feeder high schools in St. Charles County. The students consistently compete in SkillsUSA, a national organization recognizing excellence among vo-tech students. This year alone, 58 medals were won by Lewis and Clark students on a district level, with 52 students going on to state competition.

"We arranged for Paul to be here to present to our entire student body in three different sessions," Julie explained. "Paul then worked with a smaller group for approximately an hour and a half on speaking/presentation skills. It was amazing to see him work with the students. The response towards Paul was very positive!"

Paul thoroughly enjoyed the opportunity of working with the students at Lewis & Clark Career Center and hopes to have another opportunity to do so in the near future.

Paul Encourages Student Heroes to Shine

Paul recently had the privilege of presenting *A Hero Within* to the students of Hamburg High School. This dynamic presentation was well received by the students who quickly warmed up to him and paid close attention to what he had to say.



Ashley Parker, Patti Meeks, & Kristie Akers through" said Paul.

Paul's presentation focused on four key principles: the power of choice, our name is a mark that we leave behind, people notice our actions, and the power of perception. Paul reminded the students that we share diversity with those around us. Lives can be changed with a simple hello, and individuals can feel ownership in the most basic things. Throughout the assembly, Paul reinforced the fact that whether or not they think of themselves as heroes, each student can liberate their inner heroism and inspire many lives. "All of us can assist people in a positive way if we only allow our heroism to shine

The students were pleased with the presentation. Cassie Jo Sanderlin stated, "It was very inspirational. Paul was a very good speaker and did a great job of keeping our attention. I think it was a wonderful thing for him to visit Hamburg High."

Senior Johnny Stanley remarked, "It was cool, I like the things he had to say." Brittney Hollis agreed. "He really interacted with us as teenagers very well." Paul enjoyed having the opportunity to work with the students of Hamburg High School.

Vital Information

SkillsUSA

SkillsUSA Championship is the showcase for the best career and technical students in the nation. Contests begin locally and continue through the state and national levels.

The philosophy of the Championship is to reward students for excellence, to involve industry in directly evaluating student performance and to keep training relevant to employers' needs.

The Championship is a multi-million dollar event that occupies a space equivalent to 11 football fields. In 2004, there were over 4,500 contestants in 77 events. Nearly 1,500 judges and contest organizers made the national event possible.

Principles of Strength

A leader's role is to raise people's aspirations for what they can become and to release their energies so they will try to get there.

David Gergen

Excellence is to do a common thing in an uncommon way.

Booker T. Washington

www.paulvitale.com
Copyright © 2005
Vital Communications, Inc.