



Motivational Madness E-Newsletter

Welcome to our E-Newsletter

Thank you for allowing us the privilege of sending you the first issue of our new e-newsletter, "Motivational Madness." It is our desire to keep you encouraged and up-to-date on what's happening with Vital Communications and **Paul Vitale**. We hope you enjoy the newsletter. We'd love to have your input, just e-mail vitale@aristotle.net!

Pass On Some Encouragement



Vital Communications' Products

The notecards, along with Vital Communications' entire product line, including the books "Are You Puzzled by the Puzzle of Life?" as well as the corresponding teacher's guide and "Pass It On" are available to order by calling 501.868.8195, emailing vitale@aristotle.net or through our website at www.paulvitale.com.

Vital Communications has recently introduced a new line of motivational notecards. These high-quality notecards are perfect for dropping someone a quick line of encouragement or inspiration. With quotes from individuals such as Helen Keller, Ralph Waldo Emerson, and Les Brown, your recipient can get a message such as, "Shoot for the moon. Even if you miss it you will land upon the stars." The notecards are packaged in a set of ten cards and

Where We've Been

Thank you for all of your support and referrals. Because of you, Paul has recently had the opportunity to present his motivational seminars and keynote presentations to organizations such as the United States Postal Service, MADD (Mothers Against Drunk Driving), the Northern Rhode Island Chamber of Commerce and the Vicksburg District Corps of Engineers. From corporations to high schools and colleges, Paul has been extremely impressed with the individuals he has had the opportunity to work with over the past several months. Thanks to you, Paul's message of affirmation is reaching more people now than ever before.



Paul with Postmaster General John Potter

Vital Information

Goal Setting

"If you don't know where you are going, you might wind up someplace else."

Yogi Berra

Steps to Goal Setting

Determine what you have a strong desire for and then write these goals down. Look ahead to the future and what your needs might be. Then make mental pictures of what you want. Don't be afraid to ask for help or assistance. Set deadlines for yourself and stick with them.

And the most important step:
Persistence,
Persistence,
Persistence!

www.paulvitale.com

Phone (501) 868-8195

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